



SKATECANADA

SPRING SKATE 2022

May 2nd – June 17th
Non Skating Days May 23rd



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00-5:10 Star 6+	4:00-5:00 Open Star 3+	3:40-4:30 Pre-CANSKATE/ CANSKATE Ages 3 and Up	4:00-4:50 On Ice Conditioning	4:00-5:00 Star 6+	9:00-10:00 Star 1 / 2 (structured) 10m Stroking/ 20m Group
5:20-6:20 Star 1 / 2 (structured) 10m Stroking/20m Group	5:10-6:00 Pre-CANSKATE/ CANSKATE Ages 3 and Up	4:40-5:50 STAR 3/4/5	5:00-5:50 Pre-CANSKATE/ CANSKATE Ages 3 and Up	5:10-5:55 Spins and Edges Star 3+	10:10-11:00 Advanced CANSKATE Ages 9+ or Passed Stage 3
6:30-7:40 Star 3/4/5	6:10-7:00 Advanced CANSKATE Ages 9+ or Passed Stage 3	6:00-7:00 Star 1 / 2 (structured) 10m Stroking/20m group	6:00-6:50 CANSKATE Ages 5 and Up	6:05-7:05 Star 3/4/5	11:10-12:00 Pre-CANSKATE Ages 3-5 Only
7:50-9:00 Star 8+	7:10-8:10 Star 6/7	7:10-8:10 Star 6/7	7:00-8:10 Star 3/4/5	7:15-8:15 Star 1/2/3	12:10-1:00 CANSKATE Ages 5 and Up
9:10-10:00 Adult	8:20-9:30 Star 8+	8:20-9:30 Star 8+	8:20-9:30 Star 6+	8:25-9:30 Star 6+	1:10-2:00 Pre-CANSKATE/ CANSKATE Ages 3 and Up
					2:10-3:10 Star 3/4/5/6
					3:20-4:00 Spins and Edges Star 3+
					4:00-5:00 (NO FLOOD) Star 7+